

**IMPORTANT COVID-19 GUIDELINES**  
**FOR CANDIDATES APPEARING IN PSB**

1. Candidate should follow social distancing and other COVID protocols while travelling in train/taxi or any other mode of transport.
2. A candidate if found to have any symptoms should not move from the home station. If such a candidate reports to the centre he will be returned back during medical screening on arrival.
3. The candidate should carry hand sanitizers, face masks, face shields and pair of gloves.
4. Candidate to carry their own hot or cold water bottles.
5. The candidate will have "Arogya-Setu" app installed in his mobile phone prior to leaving home station for PSB centre. Screen shot printout of having green status on the set App is to be taken prior leaving home and the same will be scrutinised on arrival at PSB centre.
6. The candidates will not travel from any containment zones.
7. Nobody would be allowed to leave the Coast Guard PSB centre premises for any documentation or getting photograph or for any other reason till completion of PSB.
8. All candidates shall follow the Quarantine policies of their respective states and the cities conducting PSB.
9. The temperature of candidates will be checked on arrival at PSB centre. If found symptomatic, the candidates will not be allowed to enter the PSB centre.
10. Entry at PSB centre will only be permitted if all above instructions have been followed.
11. Candidates must carry medical certificate duly signed by registered medical practitioner as per format given in website ([www.joinindiancoastguard.gov.in](http://www.joinindiancoastguard.gov.in))

**OR**

COVID negative report from an ICMR accredited laboratory. The date of test report/ medical certificate should be within 72 hrs prior reporting date at PSB centre.

12. Format of Medical Certificate (In Lieu Of Lab Test Report) is as follows:-

**MEDICAL CERTIFICATE (COVID-19 ASYMPTOMATIC CERTIFICATE)**  
**(IN LIEU OF LAB TEST REPORT)**

I, Dr \_\_\_\_\_, am a registered medical practitioner and holding Medical license/registration number \_\_\_\_\_. I have examined Mr. \_\_\_\_\_ S/o Shri \_\_\_\_\_ on Date \_\_\_\_\_ 2022 and have found Mr \_\_\_\_\_ currently asymptomatic of CORONA VIRUS Disease (COVID-19).

Signature

Dr \_\_\_\_\_

Licence No. \_\_\_\_\_

Date. \_\_\_\_\_

Seal